

THE URBAN FARMHOUSE MARKET & CAFÉ

WARM UP

Our coffees are sustainably grown and freshly roasted by the fine folks at Iron Clad. We offer Organic Half & Half, Vanilla Soy and Almond Milk.

CLASSIC ESPRESSO DRINKS

Espresso (double)	2.35
Macchiatto	3.10
Farmhouse Cappuccino	3.25

	12oz	16 oz
Americano	2.35	3.10
Latte	3.40	3.90

ADD ORGANIC OR SUGAR FREE FLAVOR SYRUP 85¢  
Organic: Vanilla / Hazelnut / Raspberry / Caramel  
Sugar Free: Vanilla / Hazelnut / Caramel

ADD ESPRESSO SHOT 1.25

SUBSTITUTE SOY OR ALMOND MILK 85¢

BREWED COFFEE CLASSICS 12oz 16 oz

Freshly Brewed Coffee	1.95	2.35
COFFEE REFILL 85¢		
Cafe au Lait	2.85	3.35

CAFÉ SPECIALITIES 12oz 16 oz

Café Mocha	4.10	4.60
Coffee Toffee Latte	4.10	4.60
Chai Tea Latte	4.10	4.60
Dirty Chai Tea Latte	4.85	5.35

\* Dark Chocolate Raspberry Mocha 4.10 4.60

Hot Fairtrade Dark Cocoa 3.60 4.10

Vanilla Steamer 2.85 3.35

Serendipitea Hot Tea 2.60 2.60

ALL OF OUR COFFEES ARE SUSTAINABLY GROWN!

REFRESH

Ask about our O-B-S-L wines (Organic-Biodynamic-Sustainable-Local) and carefully selected array of craft beers!

	16oz	20 oz
Iced Cold Brewed Coffee	3.45	3.75
COFFEE REFILL 95¢		

Iced Latte 3.60 4.10

Iced Mocha 4.35 4.85

Iced Chai 4.35 4.85

Iced Dirty Chai 5.30 5.60

Fresh Brewed Ice Tea 2.60 2.60

Orange Juice 3.50 3.95

Affogato 6oz 4.99

A scoop of delicious Homestead Creamery ice cream (your choice - vanilla or chocolate), topped with 2 shots of our steaming hot Espresso. Yummy!

We can cater your office meetings and cozy office chats!  
Email cateringandevents@theurbanfarmhouse.net or call 804.447.9028

FarmFrosts Our own delicious frozen blended beverages! 16oz

Coffee or Vanilla 3.95

Caramel, Mocha, or Coffee Toffee 4.55

FarmFrost Chai 4.55

Farmhouse Smoothies 4.55

Nutter Butter Banana / Ambrosia Berri

Homestead Shakes

Made with Trickling Springs Ice Cream. It's non-GMO, antibiotic-free, hormone-free, Kosher and the cows are treated through homeopathic health management!

Vanilla 4.85

Chocolate 4.85

Espresso or Mocha 5.85

\* Smoothies of the Season VEGGIE 4.85

Spiced Apple - Freshly chopped Apple and Banana, spiced with warm flavors from our own Gingerbread Syrup and creamy Soy Milk.



CAFÉ MENU

WINTER | January 3 – March 6, 2019



⌚ WINTER HOURS  
CARY STREET: Monday – Friday: 6:30AM to 8PM | Saturday: 7AM to 9PM | Sunday: 7AM to 8PM  
SCOTT'S ADDITION: Monday – Friday: 6:30AM to 9PM | Saturday: 7AM to 9PM | Sunday: 7AM to 8PM  
MIDLOTHIAN: Monday – Saturday: 7AM to 9PM | Sunday: 7AM to 6PM  
LINDEN ROW INN: Monday – Friday: 6:30AM to 8PM | Saturday: 7AM to 9PM | Sunday: 7AM to 6PM  
ROCKETTS LANDING: Monday – Friday: 7AM to 6PM | Saturday: 7AM to 6PM | Sunday: 7AM to 6PM

RISE & SHINE

Wake up your taste buds! Served until 10:30, weekends until 2. Check out our website for listing of live local music!

\* Egg & Vermont Cheddar w/ Fresh Rosemary VEGGIE 5.95

Cage-free egg, Cabot Vermont Cheddar and fresh Rosemary on hearty slices of French style Campagne loaf.

Veggie Sausage & Egg VEGGIE 6.45

Tasty, toasty sandwich with Veggie Sausage from Twin Oaks in Louisa, Virginia – tastes like the real thing!

Virginia Country Ham & Egg 6.45

Slightly salty from Surry, Virginia, delicious sandwich made with cage-free egg.

Virginia Bacon & Egg 6.45

Pasture raised, cage-free and no hormones or antibiotics used – on Campagne loaf from The Flour Garden.

Lox & Cream Cheese w/ Fresh Dill 8.95

Kosher Oakwood Smoked North Atlantic Salmon\* (no dyes or artificial preservatives) with all the fixings - cream cheese, fresh dill and chopped red onion, and those tart little capers on Campagne loaf.

\* Irish Oatmeal w/ Fresh Local Fruit VEGAN 4.95

These oats are 100% wholegrain, so contain all the combined goodness of the endosperm, brand and germ. With freshly chopped pears and dried cranberries.

\* Fresh Seasonal Preserves, Unsalted Butter & Bread VEGGIE 4.95

Locally made Sour Cherry Preserves from Rocky Branch Farm in Jetersville, VA, unsalted butter, and assorted fresh breads baked daily from The Flour Garden and Prairie Grain Bakery.

EXTRA CHEESE 1.50 EXTRA BUTTER 1 EXTRA PRESERVES 1 EXTRA PROTEIN 2 AVOCADO 1.75

SUB FREE RANGE EGG WHITES 1 SUB GLUTEN FREE BREAD 1 OR BAGEL 2

\* Fresh Fruit & Yogurt Parfait VEGGIE

Made with Brown Cow Humanely Certified Non-GMO Yogurt and bright Vitamin C laden oranges and pears, and topped with organic granola. 5.65

Bagels VEGGIE 1.75

Kettle boiled, made from scratch each day with unbleached unbromated flour, and no fats or preservatives, from Cupertino's in the West End.

Also, try annaB's Gluten Free Bagels Plain / Everything 2.75

w/ Plain Cream Cheese 3.00

w/ Homemade Flavored Cream Cheese 3.50

\* Winter Veggies / Craisin Walnut / Artichoke Parmesan

\* Seasonal Menu Item

ADDRESS	1217 E. Cary St.   Richmond, VA   804.325.3988
	4821 Old Main St.   Henrico, VA   804.222.4700
	13872 Coalfield Commons Pl.   Midlothian, VA   804.378.3366
	3015 Norfolk St.   Richmond, VA   804.254.8188
	100 E Franklin St.   Richmond, VA   804.562.0907
	theurbanfarmhouse.net

\*Consuming raw or under-cooked seafood may increase your risk of foodborne illness, especially if you have a medical condition.

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SALADS & SOUPS

Pure joyful gluten free salads, paired with fresh baked breads from The Flour Garden. Feel free to ask for gluten free bread substitutes from AnnaB's.

- ❄️ **Farmhouse Salad** VEGAN 6.95  
Mixed greens with winter root veggies like parsnips and radishes, along with grated carrots, a sprinkling of bright oranges and drizzled with our Farmhouse vinaigrette
- ❄️ **Winter Beet Salad w/ Oranges, Fennel & Mint** VEGGIE 8.95  
Winter's bountiful beets with nature's natural defense - oranges! Also, fresh fennel and fresh mint, sprinkled with creamy goat cheese and drizzled with our homemade Citrus Vinaigrette.
- ❄️ **Candied Walnut Gorgonzola Salad** VEGGIE NUTS 8.95  
Sweetness of candied walnuts and dried cranberries with crumbles of gorgonzola atop mixed greens and sprinkled with our own freshly made Raspberry Vinaigrette.
- Lemony Caesar Salad** VEGGIE NUTS 7.45  
**w/ Antibiotic/Hormone-free Chicken** 10.95  
Made with the Farmhouse's own eggless Caesar dressing!
- EXTRA DRESSING 1 ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS 3.50
- ❄️ **Fruits of the Farm** VEGGIE 6.95  
Freshly cut apples and pears, sprinkled with Roasted Walnuts and Dried Cranberries and drizzled with our Sweet Balsamic Syrup. Served with Sour Cherry Preserves, from Rocky Branch Farm in Jetersville, VA. and a Country Roll from The Flour Garden.
- ❄️ **Farmhouse Soups** VEGGIE VEGAN 4.95 CUP / 5.95 BOWL  
Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

EVENING FARE

Snacks & Sweets

- ❄️ **Fresh Cheese Plate** VEGGIE NUTS 14  
Assortment of carefully selected fine and local cow and goat milk cheeses, with fresh breads from The Flour Garden. SERVES 1-2
- Charcuterie Plate** 18  
Selection of hand cut meats, sourced from Olli Salumeria in Mechanicsville, VA, and seasonal cheeses, with fresh breads from The Flour Garden, and a delicious dollop of local Chutney from Virginia Chutney Co., in Washington, VA. SERVES 1-2
- ❄️ **This & That Plate** 9.95  
Some of our homemade Tangy Curry Tuna Salad and some of our Homemade Farmhouse Hummus atop mixed greens with crunchy hand-cut carrot sticks.
- Crunchie Munchies** VEGGIE NUTS 8.95  
Easy and quick snack with our Farmhouse Sweet & Spicy Nuts - almonds and walnuts roasted and glazed with True Source Certified Clover Honey and Sriracha, our Farmhouse Hummus with fresh baked Focaccia from The Flour Garden and crunchy hand-cut carrot sticks!
- Bread & Oil** VEGAN 3.95     **Breads & Spreads** VEGGIE 8.95  
Bread and oil do mix! Classic Sourdough Bread, warmed with a side of EVOO, drizzled with Aged Balsamic.     Classic Sourdough Bread and The Flour Garden Farmhouse Country White, with three delicious spreads our freshly made Hummus, Artichoke Parmesan CreamCheese and locally made Cherry preserves.

Also check out our fresh baked goods, including gluten-free!

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SANDWICHES

Our breads are baked fresh daily by The Flour Garden and Prairie Grain Bakery and we offer gluten free breads from AnnaB's in Richmond, VA. Sandwiches are served with our Farmhouse Winter Slaw - made with root veggies like parsnips, radishes and carrots and lightly drizzled with our homemade Vinaigrette AND hand-cut carrot sticks!

- ❄️ **Havarti & Mushrooms** VEGGIE 8.25  
A Grilled Cheese Sandwich perfect for Winter with creamy Havarti covered with our homemade mushroom spread (assorted winter mushrooms, fresh garlic, EVOO and a dash of our House Red), grilled to provide a warm, savory delight!
- ❄️ **Hummus & Winter Root Veggies** VEGAN 8.95  
The Farmhouse's freshly made hummus with crunchy winter root veggies - shredded carrots, radishes and parsnips, on 9-Grain with a drizzle of Balsamic.
- ❄️ **Portabella Mushrooms & Winter Veggies Sandwich w/ Horseradish Cream** VEGGIE 8.95  
Portabella Mushrooms marinated in balsamic vinegar and local honey for a tangy sweet taste, topped with mixed greens and freshly grated winter root veggies like parsnips, radishes and carrots and drizzled with our homemade Horseradish Cream, made with freshly grated horseradish - watch out! On 9-Grain Bread from Prairie Garden Bakery.
- ❄️ **Tangy Curry Tuna Salad** 9.95  
The Farmhouse's own tuna salad with a tangy twist on 9-Grain from Prairie Grain Bakery on the Southside
- ❄️ **Turkey & Sesame w/ Fresh Scallions** 9.95  
With ginger garlic aioli, crunchy toasted sesame seeds & fresh scallions
- Q Bleu Chicken** 9.95  
Our own unique Buffalo Bleu taste, with a snappy vinegar based sauce, creamy bleu cheese and birched onions.
- Virginia Ham Cubano** 10.95  
Bountiful combination of Virginia Ham from Edwards Farms and pork, thinly sliced with dill pickles and Swiss Cheese, with a tangy contrast of sharp American mustard!
- ❄️ **AB&J** VEGGIE NUTS 7.95  
Almond Butter and locally made Sour Cherry Preserves, from Rocky Branch Farm in Jetersville, VA, on 9-Grain.
- ❄️ **CAB&H** VEGGIE NUTS 8.25  
Delicious Chocolate Almond Butter Panini with Banana and a touch of honey. Be forewarned for warm, gooey deliciousness!
- Avocado Toast** VEGAN 5.95  
Simple but delicious! Mashed avocado on a slice of toasted 9-Grain, a squeeze of fresh lemon, a drizzle of EVOO and a dash of S&P
- EXTRA CHEESE 1.50    EXTRA MEAT 3.50    EXTRA ALMOND BUTTER 1    ADD BAKED TOFU 3.50
- TWOSOME** 9.65  
**Half-Soup / Half-Salad / Half-Sandwich**  
Are you urban or are you farmhouse? Can't decide? Enjoy a taste of both - pick any twosome from a Half-Soup or Half-Salad or Half-Sandwich!  
Please note w/ Half Cubano 10
- Sweet Treats**  
**Trickling Springs Ice Cream** 3.50  
ADD FRESH FRUIT 95¢    ALMONDS OR PECANS 75¢    ORGANIC CHOCOLATE SAUCE 75¢  
WHIPPED CREAM 50¢    THE WHOLE KIT & CABOODLE 5.95
- Homemade Bread Pudding** NUTS 4.50  
Our unique recipe made with locally made pastries!  
A LA MODE 1.50    WHIPPED CREAM 50¢    FULL PAN Serves 9-18 39.95