

# THE URBAN FARMHOUSE MARKET & CAFÉ

## REFRESH

Ask about our O-B-S-L wines (Organic-Biodynamic-Sustainable-Local) and carefully selected array of craft beers!

	16oz	20 oz
<b>Iced Cold Brewed Coffee</b>	<b>3.15</b>	<b>3.65</b>
COFFEE REFILL 95¢		
<b>Iced Latte</b>	<b>3.60</b>	<b>4.10</b>
<b>Iced Mocha</b>	<b>4.35</b>	<b>4.85</b>
<b>Iced Chai</b>	<b>4.35</b>	<b>4.85</b>
<b>Iced Dirty Chai</b>	<b>5.10</b>	<b>5.60</b>
<b>Fresh Brewed Ice Tea</b>	<b>2.60</b>	<b>2.60</b>
<b>Fresh Brewed Flavored Iced Tea</b>	<b>2.75</b>	<b>3.25</b>
Try our refreshing seasonal blend, lightly sweetened with organic sugar and enhanced with the juices of fresh citrus, berries or local seasonal fruits.		
<b>Orange Juice</b>	<b>3.50</b>	<b>3.95</b>
<b>Iced Organic Lemonade</b>	<b>2.75</b>	<b>3.25</b>
	6oz	
<b>Affogato</b>	<b>4.99</b>	
A scoop of delicious Homestead Creamery ice cream (your choice - vanilla or chocolate), topped with 2 shots of our steaming hot Espresso. Yummy!		

<b>FarmFrosts</b> Our own delicious frozen blended beverages!		16oz
<b>Coffee or Vanilla</b>		<b>3.95</b>
<b>Caramel, Mocha, or Coffee Toffee</b>		<b>4.55</b>
<b>FarmFrost Chai</b>		<b>4.55</b>
<b>Farmhouse Smoothies</b>		<b>4.55</b>
Nutter Butter Banana / Ambrosia Berri		
<b>Health Warrior Smoothie</b> <span>VEGAN</span>		<b>4.85</b>
We're partnering with our good buddies and neighbors to bring you a new smoothie with berries, banana, fresh kale and Health Warrior chia seeds. Delicious and energizing!		
<b>Homestead Shakes</b>		
Made with real ice cream, real milk from real cows at Homestead Creamery in Burnt Chimney, VA.		
<b>Vanilla</b>		<b>4.85</b>
<b>Chocolate</b>		<b>4.85</b>
<b>Espresso or Mocha</b>		<b>5.85</b>
<b>Fresh Berries</b>		<b>5.85</b>

## WARM UP

Our coffee is freshly roasted by the fine folks Iron Clad Coffee Roasters in Scott's Addition. We offer Organic Half & Half, Vanilla Soy and Almond Milk.

### CLASSIC ESPRESSO DRINKS

<b>Espresso (double)</b>	<b>2.35</b>
<b>Macchiatto</b>	<b>3.10</b>
<b>Farmhouse Cappuccino</b>	<b>3.25</b>
	12oz 16 oz
<b>Americano</b>	<b>2.35 3.10</b>
<b>Latte</b>	<b>3.35 3.85</b>
ADD ORGANIC OR SUGAR FREE FLAVOR SYRUP 85¢	
Organic: Vanilla / Hazelnut / Raspberry / Caramel	
Sugar Free: Vanilla / Hazelnut / Caramel	
ADD ESPRESSO SHOT 1.25	
SUBSTITUTE SOY OR ALMOND MILK 85¢	

### BREWED COFFEE CLASSICS

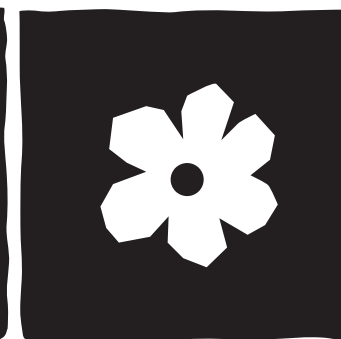
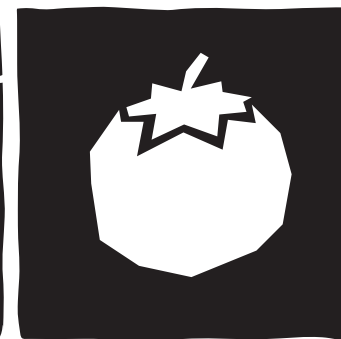
	12oz	16 oz
<b>Freshly Brewed Coffee</b>	<b>1.95</b>	<b>2.35</b>
COFFEE REFILL 85¢		
<b>Cafe au Lait</b>	<b>2.85</b>	<b>3.35</b>
<b>CAFÉ SPECIALITIES</b>	12oz	16 oz
<b>Café Mocha</b>	<b>4.10</b>	<b>4.60</b>
<b>Coffee Toffee Latte</b>	<b>4.10</b>	<b>4.60</b>
<b>Chai Tea Latte</b>	<b>4.10</b>	<b>4.60</b>
<b>Dirty Chai Tea Latte</b>	<b>4.85</b>	<b>5.35</b>
<b>Matcha Tea Latte</b>	<b>4.85</b>	<b>5.35</b>
<b>Hot Fairtrade Dark Cocoa</b>	<b>3.60</b>	<b>4.10</b>
<b>Vanilla Steamer</b>	<b>2.85</b>	<b>3.35</b>
<b>Serendipitea Hot Tea</b>	<b>2.60</b>	<b>2.60</b>

ALL OF OUR COFFEES ARE SUSTAINABLY GROWN!



# CAFÉ MENU

SUMMER | June 7 – September 5, 2018



### ⌚ SUMMER HOURS

**CARY STREET:** Monday – Friday: 6:30AM to 8PM | Saturday: 7AM to 9PM | Sunday: 7AM to 8PM  
**SCOTT'S ADDITION:** Monday – Friday: 6:30AM to 9PM | Saturday: 7AM to 9PM | Sunday: 7AM to 8PM  
**MIDLOTHIAN:** Monday – Saturday: 7AM to 9PM | Sunday: 7AM to 6PM  
**LINDEN ROW INN:** Monday – Friday: 6:30AM to 8PM | Saturday: 7AM to 8PM | Sunday: 7AM to 6PM  
**ROCKETTS LANDING:** Monday – Thursday: 7AM to 8PM | Friday – Saturday: 7AM to 9PM | Sunday: 7AM to 6PM

## RISE & SHINE

Wake up your taste buds! Served until 10:30, weekends until 2. Breakfast Sandwiches are served with fresh sliced seasonal fruit - melons and berries!

<b>Egg &amp; Mozzarella w/ Fresh Basil</b> <span>VEGGIE</span>	<b>5.95</b>	<b>Fresh Fruit &amp; Yogurt Parfait</b> <span>VEGGIE</span>	
Free range egg, fresh Mozzarella and Summer Basil on hearty slices of French Campagne loaf.		Made with Brown Cow Humanely Certified Non-GMO Yogurt and fresh seasonal berries, topped with organic granola.	
<b>Veggie Sausage &amp; Egg</b> <span>VEGGIE</span>	<b>6.45</b>	<b>Bagels</b> <span>VEGGIE</span>	<b>1.75</b>
Tasty, toasty sandwich with Veggie Sausage from Twin Oaks in Louisa, Virginia – tastes like the real thing!		Kettle boiled, made from scratch each day with unbleached unbromated flour, and no fats or preservatives, from Cupertino's in the West End.	
<b>Virginia Country Ham &amp; Egg</b>	<b>6.45</b>	<b>w/ Plain Cream Cheese</b>	<b>3.00</b>
Slightly salty from Surry, Virginia, delicious sandwich made with cage-free egg.		<b>w/ Homemade Flavored Cream Cheese</b>	<b>3.50</b>
<b>Virginia Bacon &amp; Egg</b>	<b>6.45</b>	Also, try annaB's Gluten Free Bagels Plain / Everything	
Pasture raised, cage-free and no hormones or antibiotics used – on Campagne loaf from The Flour Garden.		<b>Summer Veggie / Cinnamon Raisin / Mama Mia</b>	
<b>Lox &amp; Cream Cheese w/ Fresh Dill*</b>	<b>8.45</b>	<b>Seasonal Menu Item</b>	
Kosher North Atlantic Salmon (no dyes or artificial preservatives), smoked with oakwood with all the fixings - cream cheese, fresh dill and chopped red onion, and those tart little capers on open-face Campagne loaf.		1217 E. Cary St.   Richmond, VA   804.325.3988	
<b>Irish Oatmeal w/ Fresh Local Berries</b> <span>VEGAN</span>	<b>4.95</b>	4821 Old Main St.   Henrico, VA   804.222.4700	
These oats are 100% whole grain, so contain all the combined goodness of the endosperm, bran and germ. Served topped with fresh seasonal berries.		13872 Coalfield Commons Pl.   Midlothian, VA   804.378.3366	
<b>Fresh Seasonal Preserves, Unsalted Butter &amp; Breads</b> <span>VEGGIE</span>	<b>4.95</b>	3015 Norfolk St.   Richmond, VA   804.254.8188	
Locally made preserves from the freshest fruits of the season, from Rocky Branch Farm in Jetersville, VA, unsalted butter, and assorted fresh breads baked daily from The Flour Garden and Prairie Grain Bakery.		100 E Franklin St.   Richmond, VA   804.562.0907	
<b>EXTRA CHEESE 1.50</b> <b>EXTRA BUTTER 1</b> <b>EXTRA PRESERVES 1</b> <b>EXTRA PROTEIN 2</b> <b>AVOCADO 1.75</b>		theurbanfarmhouse.net	
<b>SUB FREE RANGE EGG WHITES 1</b> <b>SUB GLUTEN FREE BREAD 1</b> <b>OR ANNA B'S GF BAGEL 2</b>			

\*Cold smoked salmon is not cooked. Consuming raw or under-cooked seafood may increase your risk of foodborne illness.

# SALADS & SOUPS

*Pure joyful gluten free salads, paired with fresh baked vegan breads from The Flour Garden. Feel free to ask for gluten free bread substitutes from AnnaB's.*

- \* Farmhouse Salad w/ Fresh Cucumbers & Peppers** VEGAN 6.95  
 Mixed greens with sliced cucumbers and a medley of fresh Summer peppers, sprinkled with our Farmhouse Vinaigrette.

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- \* Fresh Mint Cucumber Salad w/ Feta** VEGGIE 8.95  
 Mixed greens topped with our version of a Summer cucumber salad – cucumbers, homegrown Hanover tomatoes, red onion and fresh mint marinated in our tart red vinaigrette, topped with chunks of Feta!

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- \* Local Tomato, Fresh Basil & Mozzarella Salad** VEGGIE 8.95  
 Nothing better during a hot Richmond Summer! Fresh chunks of local tomatoes and Mozzarella with Fresh Basil atop mixed greens and drizzled with EVOO.

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- Lemony Caesar Salad** NUTS 7.45  
 Made with the Farmhouse's own eggless Caesar dressing!

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- EXTRA DRESSING **1** ADD OUR ANTIBIOTIC/HORMONE-FREE CHICKEN OR OUR HOUSE-MARINATED AND BAKED TOFU FROM TWIN OAKS. **3.50**

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- \* Fruits of the Farm** VEGGIE 6.95  
 Summer's fruit - berries and sweet melons, drizzled with our Organic Honey Vanilla Yogurt Sauce.

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- \* Farmhouse Soups** VEGGIE VEGAN 4.85 CUP / 5.85 BOWL  
 Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

# EVENING FARE

*Snacks & Sweets*

- \* Fresh Cheese Plate** VEGGIE NUTS 14  
 Assortment of carefully selected fine and local cow and goat milk cheeses, with fresh breads from The Flour Garden. SERVES 1-2

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- Charcuterie Plate** 18  
 Selection of hand cut meats, sourced from Olli Salumeria in Mechanicsville, VA, and seasonal cheeses, with fresh breads from The Flour Garden, and a delicious dollop of local seasonal preserves, from Rocky Branch Farm. SERVES 1-2

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- \* This & That Plate** 9.95  
 Some of our homemade Thai Tuna Tuna Salad and some of our Homemade Hummus atop mixed greens with crunchy hand-cut carrot sticks.

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- Crunchie Munchies** VEGGIE NUTS 8.95  
 Easy and quick snack with our Farmhouse Sweet & Spicy Nuts - almonds and walnuts roasted and glazed with True Source Certified Clover Honey and Sriracha, our Farmhouse Hummus with fresh baked breads from The Flour Garden and crunchy hand-cut carrot sticks!

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- Bread & Oil** VEGAN 3.95

- Breads & Spreads** VEGGIE 8.95  
 Idle Hands Classic Baked Bread and The Flour Garden Country White, with three delicious spreads - our freshly made Farmhouse Hummus, Nama Mia Cream Cheese and locally made chutneys or preserves.

# SANDWICHES

*Our breads are baked fresh daily by The Flour Garden and Prairie Grain Bakery and we offer gluten free breads from AnnaB's. Sandwiches are served with freshly sliced seasonal fruit - melons and berries.*

- \* Farmhouse Pimento Grilled Cheese w/ VA Tomatoes** VEGGIE 8.25  
 Our Farmhouse Pimento Cheese, grilled with fresh local tomatoes on Campagne Loaf baked fresh each morning from The Flour Garden!

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- \* Roasted Red Pepper Hummus** VEGGIE 8.95  
 Our Farmhouse Hummus with a Summer twist! Fresh garlic and lemon with smoky roasted red pepper, on 9-Grain Bread from Prairie Grain Bakery.

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- \* Summer Pepper Pesto & Goat Cheese** VEGGIE NUTS 8.95  
 Open-faced sandwich with creamy old world farm style goat cheese topped with the freshness of our chunky Summer Pepper Pesto on Campagne loaf.

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- \* Thai Tuna Salad** 9.95  
 Light and tangy Tuna Salad made with fresh cilantro and basil with a hint of sweet clover honey and the zip of fresh lemon and black pepper and chunks of tomato and green onion.

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- \* Turkey & Raita w/ Fresh Mint** 9.95  
 Sliced turkey breast topped with fresh mixed greens and our creamy cucumber and fresh mint yogurt spread, made with Brown Cow Humanely Certified Non-GMO Yogurt on Campagne Loaf.

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- Q Bleu Chicken** 9.95  
 Our own unique Buffalo Bleu taste with a snappy vinegar based sauce, creamy bleu cheese and birched onions.

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- Virginia Ham Cubano** 10.95  
 Bountiful combination of Virginia Ham from Padow's, here in Richmond, and pork, thinly sliced with dill pickles and Swiss Cheese, with a tangy contrast of sharp American mustard!

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- \* BL&VA T** 9.95  
 Now that finally (including Hanover) tomatoes are in, our BLT couldn't be better! Crisp Virginia bacon, crisp lettuce with light, better for you, homemade lemony Lemonnaisse.

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- \* AB&J** VEGGIE NUTS 7.95  
 Almond Butter and locally made Blueberry Preserves, from Rocky Branch Farm in Jetersville, VA, on 9-Grain from Prairie Grain Bakery in Southside.

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- CAB&H** VEGGIE NUTS 8.25  
 Delicious Chocolate Almond Butter Panini with Banana and a touch of honey. Be forewarned for warm, gooey deliciousness!

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- AVOCADO TOAST** VEGAN 5.95  
 Simple but delicious! Mashed avocado on a slice of toasted 9-Grain, a squeeze of fresh lemon, a drizzle of EVOO and a dash of S&P!

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- EXTRA CHEESE **1** EXTRA MEAT **3** EXTRA ALMOND BUTTER **1** ADD BAKED TOFU **3**

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- TWOSOME** 9.65  
**Half-Soup / Half-Salad / Half-Sandwich**  
 Are you urban or are you farmhouse? Can't decide? Enjoy a taste of both - pick any twosome from a Half-Soup or Half-Salad or Half-Sandwich!

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- Please note w/ Half Cubano **10**

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- \* Sweet Treats**

- Homestead Creamery Ice Cream** 3.50  
 ADD FRESH FRUIT **95¢** ALMONDS OR PECANS **75¢** ORGANIC CHOCOLATE SAUCE **75¢**  
 WHIPPED CREAM **50¢** THE WHOLE KIT & CABOODLE **5.95**
- Homemade Bread Pudding** 4.50  
 Our unique recipe made with locally made pastries!  
 A LA MODE **1.50** WHIPPED CREAM **50¢** FULL PAN Serves 9-18 **32**