

## SWEET TREATS

### Freshly Baked Cookies 19

A Baker's Dozen of Oatmeal Raisin or Oatmeal Chocolate Chip

### Brownie Sheet 38

Great for birthdays and office celebrations!  
Serves 15-30 (Individual Brownie 2.50)

### Sweet Twosome 28

Enjoy both with half of each, Cookie & Brownie.  
Serves 12-18

### Fruits of the Farm VEGGIE NUTS 30

Fresh strawberries with organic honey vanilla yogurt, served with sliced bananas and drizzled with our Sweet Balsamic Syrup and sprinkled with freshly roasted chopped almonds.

Serves 8-10

### Cheeses & Fruits VEGGIE NUTS 75

Selection of local and imported cheeses, perfect with a glass of one of our organic wines! Served with fresh, seasonal fruit and assorted breads.

Serves 8-10

### Charcuterie Plate 95

Selection of hand cut meats, sourced from Olli Salumeria in Mechanicsville, VA, and seasonal cheeses, with fresh breads from The Flour Garden, and a delicious dollop of local Chutney from Virginia Chutney Co., in Washington, VA.

Serves 8-10

*We're able to deliver our organic, biodynamic, sustainable or local wines and local and craft beers to accompany your farm fare. Please ask!*



## SNACK TIME

### Nuts & Seeds 30

An assortment of nuts, dried fruits and seeds\*.  
Choice of roasted almonds, raw walnuts, pistachios, raisins, craisins, and pumpkin seeds.  
serves 8-10

### Snack Bars 40

A fun and delicious way to energize! Choose from Health Warrior, KIND, Lara Bar, Fig Bar, 22 Days, Clif Organic, and Chace Chia.  
serves 8-10

### Chocolate Delight 40

Everyone loves chocolate! A combination of chocolate bars Ritter Sport, Chocolove, Theo, Justin's and Nib Mor Organic.  
serves 8-10

\* Availability may vary seasonally

## THE TROUGH

We're proud to work with Iron Clad Coffee Roasters in Scott's Addition to provide sustainably grown, specially blended coffees. We also provide a delicious variety of organic and Fair Trade hot teas. All are served in an earth-friendly Trough. Includes 12, 8 oz. green cups, wooden stirrers, local hormone and antibiotic free milk, raw sugar, and natural low calorie sweetener. **19.20**

YOUR CHOICE OF...

**Sustainably Grown Coffee – Hot or Iced**

**Organic and / or Fair Trade Hot Tea**

**Fair Trade Iced Tea**

**100% Florida OJ with Lots of Pulp!**

We offer a variety of delicious bottled beverages - from locally sourced spring water to all natural sodas, teas and juices.

This paper is made from at least 30% post consumer recycled fibers.



# CATERING MENU

LATE SPRING | April 26 - June 6, 2018



If we can walk it, we'll bring you the Farmhouse, no minimum order. Get a taste of some great local foods. Fresh baked breads and pastries from The Flour Garden, Prairie Grain Bakery and annaB's gluten free, savory Farmhouse soups, and brownies from Chocolate Cravings.

Please give our Farmhands 48 hours notice for your order. (If you have a last minute request, always ask. We'll do our best to accommodate!)

1217 EAST CARY STREET | RICHMOND VA  
(804) 325-3988 PHONE | (804) 482-2665 FAX

**LATE SPRING HOURS** Monday - Friday: 6:30AM to 8PM | Saturday: 7AM to 9PM | Sunday: 7AM to 8PM

13872 COALFIELD COMMONS PLACE | MIDLOTHIAN VA  
(804) 378-3366 | (804) 482-2665 FAX

**LATE SPRING HOURS** Monday - Saturday: 7AM to 9PM | Sunday: 7AM to 6PM

4821 OLD MAIN STREET | RICHMOND, VA  
(804) 222-4700 | (804) 482-2665 FAX

**LATE SPRING HOURS** Monday - Thursday: 7AM to 8PM | Friday - Saturday: 7AM to 9PM | Sunday: 7AM to 8PM

3015 NORFOLK STREET | RICHMOND, VA  
(804) 254-8188 | (804) 482-2665 FAX

**LATE SPRING HOURS** Monday - Friday: 6:30AM to 9PM | Saturday: 7AM to 9PM | Sunday: 7AM to 8PM

100 E FRANKLIN STREET | RICHMOND, VA  
(804) 562-0907 | (804) 482-2665 FAX

**LATE SPRING HOURS** Monday - Thursday: 6:30AM to 8PM | Friday: 6:30AM to 9PM | Saturday: 7AM to 9PM  
Sunday: 7AM to 8PM

THEURBANFARMHOUSE.NET

We aim to please - we'll call you to confirm your order!

## BOX BREAKFASTS

Sandwich served with half-size Fruits of the Farm. **7.95**

Cage Free Egg & Cabot Vermont Cheddar w/ Fresh Chives **VEGGIE**

Cage Free Egg & Local Veggie Sausage **VEGGIE**

Virginia Country Ham & Cage Free Egg

Virginia Bacon & Cage Free Egg

Lox & Cream Cheese With Fresh Dill\*

Local Strawberry Preserves, Unsalted Butter & Assorted Fresh Baked Breads **VEGGIE**

Fruits of the Farm – Served with Fresh Baked Breads **VEGGIE** **NUTS**

Fresh strawberries drizzled with our honey vanilla yogurt, served with sliced bananas and also drizzled with our Sweet Balsamic Syrup and sprinkled with roasted almonds.



## SALADS

Farmhouse Salad **VEGAN**

Strawberry & Spinach Salad w/ Almonds **VEGAN** **NUTS**

Spinach & Tofu Salad w/ Miso Dressing **VEGAN**

Lemony Caesar Salad **VEGGIE** **NUTS**

ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS OR OVEN ROASTED CHICKEN **3**

Feel free to ask about our gluten-free options too!

## BOX LUNCHES

Includes Whole Sandwich or Salad with Bread and served with choice of side Farmhouse Salad or side of Seasonal Fruits and freshly baked cookie or brownie. **12.95**

Farmer's Grilled Cheese w/ Chives **VEGGIE**

Cabot Vermont Cheddar sprinkled with fresh Spring chives on Campagne loaf.

Fresh Spinach Hummus Sandwich **VEGGIE**

Spring Spinach w/ Feta Crème **VEGGIE**

Tarragon Tuna Salad

Mayonnaise-free tuna salad made with fresh tarragon, carrots, fresh Italian parsley and EVOO, served on Prairie Grain's 9-Grain bread.

Turkey w/ Fresh Cilantro & Curry Yogurt Sauce

Sliced turkey breast, organic mixed greens and cucumbers with a light, low-fat curried yogurt spread with fresh cilantro on Campagne loaf.

AB&J **VEGGIE** **NUTS**

Almond Butter and locally made Strawberry Preserves, from Rocky Branch Farm in Jetersville, VA, on 9-Grain from Prairie Grain Bakery in Southside.

CAB&H **VEGGIE** **NUTS**

Delicious Chocolate Almond Butter Panini with Banana and a touch of honey. Be forewarned for warm, gooey deliciousness!

## FARMHOUSE SOUPS

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

8 OZ **4.85** 12 OZ **5.85** 32 OZ **10.95**

## FOR A CROWD

### HEN'S NEST

An assortment of our seasonal breakfast sandwiches, cut in halves or thirds and arranged in our reusable "nest."

Small, serves 6-10 **69.95**

Medium, serves 15-20 **139.95**

Large, serves 25-30 **199.95**

### PASTRIES & SWEET BREADS

Assorted Pastries & Sweet Breads **28.50**

A yummy assortment, freshly baked.

Serves 6-10 **VEGGIE** **NUTS**

Full Loaf Banana Nut or **VEGGIE** **NUTS**

Seasonal Bread Serves 8-16 **16**

Homemade Bread Pudding Serves 9-18 **32**

Our unique recipe made with locally made pastries!

### BAGELS

*Kettle boiled, made from scratch each day with unbleached unbromated flour, and no fats or preservatives, from Cupertino's in the West End!*

Bagel Bunch (13 bagels, 2 Tubs Any Cream Cheese) **28.95**

Dozen & A Half (18 bagels) **28.95**

Baker's Dozen (13 bagels) **21**

Half Dozen Bagels **10.50**

Plain Cream Cheese — 8 oz. Tub **4.19**

Homemade Flavored Cream Cheese **4.95**

Fresh Veggie / Cinnamon Raisin / Tangy Spring Herb — 8 oz. Tub

Lox & Cream Cheese\* **89.95**

Our own Farm-Fish version with Kosher Oakwood Smoked North Atlantic Salmon (no dyes or artificial preservatives), cream cheese, fresh dill and capers. Served open-face on baked that morning French style Campagne bread.

We're happy to substitute with Cupertino's Bagels for \$5.

Serves 8-10

### ROOSTER'S ROOST

An assortment of our seasonal sandwiches, cut in halves or thirds and arranged in our reusable "nest" with fresh baked cookies from The Flour Garden.

Small, serves 6-10 **79.95**

Medium, serves 15-20 **169.95**

Large, serves 25-30 **269.95**

We're happy to accommodate special requests, including dietary. Just ask!

### GREEN PATCH

Half Size, serves 6-10 **39.95**

Full Size, serves 15-20 **69.95**

Farmhouse Salad **VEGAN**

Mixed greens with grated carrots and radish and fresh Spring herbs, sprinkled with our Farmhouse Vinaigrette.

Caesar Salad **VEGGIE** **NUTS**

Farmhouse style with raw walnuts and our eggless Caesar Dressing.

Please ask if you'd like to add our House Marinated & Baked Tofu or Oven Roasted Chicken.

HALF SIZE **17.95** FULL SIZE **29.95**

Fresh Spinach Hummus & Seasonal Veggies **VEGGIE**

Our homemade Fresh Spinach Hummus, surrounded by loads of seasonal veggies and sliced French Baguette from The Flour Garden.