

## SWEET TREATS

### Freshly Baked Cookies 21

A Baker's Dozen of Oatmeal Raisin or Oatmeal Chocolate Chip

### Brownie Sheet 39

Great for birthdays and office celebrations!

Serves 15-30 (Individual Brownie 2.50)

### Sweet Twosome 29

Enjoy both with half of each, Cookie & Brownie.

Serves 12-18

### Harvest Fruits VEGGIE NUTS 39

A combination of fruit, including Fall's Harvest of apples and pears, sprinkled with roasted walnuts and drizzled with our Honey Balsamic Syrup. Served with a variety of freshly baked breads and locally made Apple Butter.

Serves 8-10

### Cheeses & Fruits VEGGIE NUTS 75

Selection of local and imported cheeses, perfect with a glass of one of our organic wines! Served with fresh, seasonal fruit and assorted breads.

Serves 8-10

### Charcuterie Plate 95

Selection of hand cut meats, sourced from Olli Salumeria in Mechanicsville, VA, and seasonal cheeses, with fresh breads from The Flour Garden, and a delicious dollop of local Chutney from Virginia Chutney Co., in Washington, VA.

Serves 8-10

*We're able to deliver our organic, biodynamic, sustainable or local wines and local and craft beers to accompany your farm fare. Please ask!*



## SNACK TIME \*

### Nuts & Seeds 30

An assortment of nuts, dried fruits and seeds. Choice of roasted almonds, raw walnuts, pistachios, raisins, craisins, and pumpkin seeds. serves 8-10

### Snack Bars 40

A fun and delicious way to energize! Choose from Health Warrior, KIND, Lara Bar, Fig Bar, 22 Days, Clif Organic, and Chace Chia. serves 8-10

### Chocolate Delight 40

Everyone loves chocolate! A combination of chocolate bars Ritter Sport, Chocolove, Theo, Justin's and Nib Mor Organic. serves 8-10

\* Availability may vary seasonally

## THE TROUGH

We're proud to work with Legacy Coffee Roasters in Hopewell and coffee farmers directly to provide sustainably grown, specially blended coffees. We also provide a delicious variety of organic and Fair Trade hot teas. All are served in an earth-friendly Trough. Includes 12, 8 oz. green cups, wooden stirrers, local hormone and antibiotic free milk, raw sugar, and natural low calorie sweetener. 19.70

YOUR CHOICE OF..

**Sustainably Grown Coffee – Hot or Iced**

**Organic and / or Fair Trade Hot Tea**

**Fair Trade Iced Tea**

**100% Florida OJ with Lots of Pulp!**

We offer a variety of delicious bottled beverages - from locally sourced spring water to all natural sodas, teas and juices.



# TO-GO & CATERING

EARLY FALL | September 10<sup>th</sup> – October 7<sup>th</sup>, 2020



### 🕒 EARLY FALL HOURS

CARY STREET: Monday – Friday: 6:30AM to 8PM | Saturday: 7AM to 9PM | Sunday: 7AM to 8PM

MIDLOTHIAN: Monday – Saturday: 7AM to 9PM | Saturday: 7AM to 6PM

If we can walk it, we'll bring you the Farmhouse, no minimum order. Get a taste of some great local foods. Fresh baked breads and pastries from The Flour Garden, Prairie Grain Bakery and annaB's gluten free, savory Farmhouse soups, and brownies from Chocolate Cravings. For more details about creating your special event, call 804.447.9028 or email [cateringandevents@urbanfarmhouse.net](mailto:cateringandevents@urbanfarmhouse.net)

Please give our Farmhands 48 hours notice for your order. (If you have a last minute request, always ask. We'll do our best to accommodate!)

## RICHMOND

1217 E. Cary Street  
Richmond, VA  
804.325.3988

## MIDLOTHIAN

13872 Coalfield Commons Place  
Midlothian, VA  
804.378.3366

## BOX BREAKFASTS

Sandwich served with half-size Seasonal Fruits. **8.45**

**Cage-Free Egg & Cabot Vermont Cheddar w/ Fresh Thyme** VEGGIE

**Cage-Free Egg & Local Veggie Sausage** VEGGIE

**Virginia Country Ham & Cage-Free Egg**

**Virginia Bacon & Cage-Free Egg**

**Lox & Cream Cheese With Fresh Dill\*** **+3.50**

**Apple Butter, Unsalted Butter & Assorted Fresh Baked Breads** VEGGIE

**Harvest Fruits – Served with Fresh Baked Bread** VEGGIE NUTS

Fall's first harvest of apples and pears and roasted walnuts, drizzled with a sweet balsamic syrup, with locally made apple butter and a Country Roll.



## SALADS

**Farmhouse Fall Salad** VEGAN

**Roasted Butternut Squash Salad** VEGGIE NUTS

**Pear w/ Roasted Walnuts & Blue Cheese Salad** VEGGIE NUTS

**Lemony Caesar Salad** NUTS

ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS OR OVEN ROASTED CHICKEN **3.50**

Feel free to ask about our gluten-free options too!

## BOX LUNCHES

Includes Whole Sandwich or Salad with Bread and served with choice of side Farmhouse Salad or side of Seasonal Fruits and freshly baked cookie or brownie. **13.45**

**Farmer's Grilled Cheese w/ Apples** VEGGIE

Cabot Vermont Cheddar and locally harvested Granny Smith Apples on Campagne loaf.

**Coyote Hummus** VEGGIE

**Coyote Cream Cheese & Harvest Veggies** VEGGIE

**Waldorf Tuna Salad** NUTS

Yellow Fin Tuna, crunchy apples mixed with celery, raisins, and walnuts, with a dash of locally made Showalter's Apple Cider and lightly tossed with Greek Yogurt.

**Turkey & Fresh Mixed Apple-Date Chutney**

Sliced turkey breast topped with our homemade fresh roasted Apple-Date Chutney and birched red onions on Campagne loaf. VEGGIE NUTS

**AB<sub>2</sub>** NUTS

A perfect formula! Almond butter and local Apple Butter from Tastes Like Grandma's.

Extras include Kettle Brand Chips +2 and substitute Chocolate Cravings Brownie +1

## FARMHOUSE SOUPS

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

8 OZ **5.25** 12 OZ **6.25** 32 OZ **14.95**

## FOR A CROWD

### HEN'S NEST

An assortment of our seasonal breakfast sandwiches, cut in halves or thirds and arranged in our reusable "nest."

**Small**, serves 6-10 **69.95**

**Medium**, serves 15-20 **139.95**

**Large**, serves 25-30 **199.95**

### PASTRIES & SWEET BREADS

**Assorted Pastries & Sweet Breads** **29.95**

A yummy assortment, freshly baked. Serves 6-10 VEGGIE NUTS

**Full Loaf Banana Nut or** VEGGIE NUTS

**Seasonal Bread** Serves 8-16 **19**

**Homemade Bread Pudding** NUTS **39**

Our unique recipe made with locally made pastries! Serves 9-18

### BAGELS

**Bagel Bunch** (13 bagels, 2 Tubs Any Cream Cheese) **29.95**

**Dozen & A Half** (18 bagels) **31.95**

**Baker's Dozen** (13 bagels) **22.95**

**Half Dozen Bagels** **10.50**

**Plain Cream Cheese** — 8 oz. Tub **4.25**

**Homemade Flavored Cream Cheese** **5.25**

Coyote / Honey Vanilla Walnut  
Harvest Veggie — 8 oz. Tub

**Lox & Cream Cheese\*** **94.95**

Our own Farm-Fish version with Kosher Oakwood Smoked North Atlantic Salmon (no dyes or artificial preservatives), cream cheese, fresh dill and capers. Served open-face on baked that morning French style Campagne bread.

*We're happy to substitute with Cupertino's Bagels for \$5.* Serves 8-10

### ROOSTER'S ROOST

An assortment of our seasonal sandwiches, cut in halves or thirds and arranged in our reusable "nest" with fresh baked cookies from The Flour Garden.

**Small**, serves 6-10 **84.95**

**Medium**, serves 15-20 **184.95**

**Large**, serves 25-30 **299.95**

*We're happy to accommodate special requests, including dietary. Just ask!*

### GREEN PATCH

**Half Size**, serves 6-10 **42.95**

**Full Size**, serves 15-20 **72.95**

**Farmhouse Salad w/ Fresh Squash, Zucchini and Peppers** VEGAN

Mixed greens with fresh squash, zucchini and green peppers, sprinkled with our Farmhouse vinaigrette.

**Caesar Salad** VEGGIE NUTS

Farmhouse style with raw walnuts and our eggless Caesar Dressing.

*Please ask if you'd like to add our House Marinated & Baked Tofu or Oven Roasted Chicken.*

HALF SIZE **19.95** FULL SIZE **29.95**

**Hummus & Seasonal Veggies** VEGGIE

Our homemade Coyote Hummus, surrounded by loads of fresh squash, zucchini and green peppers and sliced French Baguette from The Flour Garden.

\*Consuming raw or under-cooked seafood may increase your risk of foodborne illness, especially if you have a medical condition.