SWEET TREATS

Freshly Baked Cookies

A Baker's Dozen of Oatmeal Raisin or Oatmeal Chocolate Chip (*Gluten-free options available*) Brownies and/or Blondies 55 Great for birthdays and office celebrations! Serves 15–30 (*Gluten-free options available*)

Sweet Twosome or Trio38Enjoy your pick of Cookies, Blondies, or Brownies!Serves 12-24 (Gluten-free options available)

Harvest Fruits VEGGIE (NUTS)

A combination of fruit, including Fall's Harvest of apples and pears, sprinkled with roasted walnuts and drizzled with our Honey Balsamic Syrup. Served with a variety of freshly baked breads and seasonal, all natural Apple Butter.

Serves 8–10

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Cheeses & Fruits VEGGIE (NUTS)
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Spread of domestic and imported cheeses, perfect with a glass of one of our organic wines! Served with fresh, seasonal fruit and assorted breads. Serves 8-10

Charcuterie Plate

Selection of naturally cured meats and seasonal cheeses, with fresh breads from The Flour Garden, and a delicious dollop of seasonal Chutneys and tasty preserves.

Serves 8-10

We're able to deliver our organic, biodynamic, sustainable or local wines and local and craft beers to accompany your farm fare. Please ask!



SNACK TIME *

28

52

98

124

Nuts & Seeds 42	
An assorment of nuts, dried fruits and seeds.	
Choice of roasted almonds, raw walnuts,	
pistachios, raisins, craisins, and pumpkin seeds.	
serves 8-10	
Snack Bars 52	
Snack Bars 52	
A fun and delicious way to energize!	
Choose from RX BAR, KIND, Fig Bar, and	
Clif Organic.	
serves 8-10	
Chocolate Delight 59	
Everyone loves chocolate! A combination of	
chocolate bars Ritter Sport, Chocolove, Theo,	
Justin's and Divine.	
serves 8-10	
* Availability may vary seasonally	

THE TROUGH

We're proud to work with Legacy Coffee Roasters in Hopewell, VA to offer Organic and Fair Trade Coffees from around the world. We also provide a variety of delicious organic and Fair Trade hot teas, all served in an earth-friendly Trough. Includes 12, 8 oz. green cups, wood stirrers, local hormone and antibiotic free milk, raw sugar, and natural low calorie sweetener. **26.95**

YOUR CHOICE OF ...

Sustainably Grown Coffee - Hot (Cold Brew +5) Organic and Fair Trade Hot Tea Fair Trade Iced Tea (Flavored +5) Organic Lemonade 100% Florida OJ with Lots of Pulp!

Coffee For A Crowd

Serves 45, 8oz cups. *Rental fee extra. Available to serve up to 1500.

We offer a variety of delicious bottled beverages - from locally sourced spring water to all natural sodas, teas and juices.

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TO-GO& CATERING

EARLY FALL | September 5th – October 2nd 2024



() EARLY FALL HOURS

Cary Street: Monday – Sunday: 7 am to 7 pm Edgeworth Building: Monday – Friday: 8 am to 3pm Midlothian: Monday – Saturday: 8 am to 7 pm | Sunday: 8 am to 6 pm

We've always said (and we still do), if we can walk it, it's FREE! No Delivery Charges or Minimums. We now offer even more ways to get the great taste of our freshly made sandwiches, salads and soups! You can call 804.486.6925 or email

cateringandevents@theurbanfarmhouse.net or go to our website to submit your order. Healthy and homemade coming your way!

Please give our Farmhands 48 hours notice for your order. (If you have a last minute request, always ask. We'll do our best to accommodate)!



THEURBANFARMHOUSE.NET

BOX BREAKFASTS

Sandwich served with half-size Seasonal Fruits.	10.95	
Cage-Free Egg & Cabot Vermont Cheddar w/ Fresh Thyme	VEGGIE	
Cage-Free Egg & Local Veggie Sausage VEGGIE		
Virginia Country Ham & Cage-Free Egg		
Virginia Bacon & Cage-Free Egg		
Lox & Cream Cheese With Fresh Dill*	+4.75	
Apple Butter, Unsalted Butter & Assorted Fresh Baked Breads	VEGGIE	
Harvest Fruits – Served with Fresh Baked Bread	VEGGIE NUTS	

Baked Bread

Fall's first harvest of apples and pears and roasted walnuts, drizzled with a sweet balsamic syrup, with locally made apple butter and a Country Roll.



FARMHOUSE SOUPS

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

Soup For A Group	125
32 OZ	22.45 - 26.45
12 OZ	8.95
8 OZ	7.95

Serves 15-20 *Rental fee extra Feel free to ask about our gluten-free options too!

BOX LUNCHES

Includes Whole Sandwich or Salad		
with Bread and served with choice		
of side Farmhouse Salad or side	e of	
Seasonal Fruits and freshly bak		
cookie.	17.45	
Farmer's Grilled Cheese w/ Apples	VEGGIE	
Cabot Vermont Cheddar and locally harvest		
Granny Smith Apples on Campagne loaf.	.eu	
Coyote Hummus	VEGGIE	
Coyote Cream Cheese &	VEGGIE	
Harvest Veggies		
Farmhouse Chicken Salad Sandwich		
Our Chicken Salad Recipe is from Grandr	na!	
Waldorf Tuna Salad	NUTS	
Yellow Fin Tuna, crunchy apples mixed w	vith	
celery, raisins, and walnuts, with a dash	of	
locally made Showalter's Apple Cider and	lightly	
tossed with Greek Yogurt.		
Turkey & Fresh Mixed Apple-Date Chutney		
Sliced turkey breast topped with our ho	memade	
fresh roasted Apple-Date Chutney and bi	irched	
red onions on Campagne loaf.	NUTS	
AB^2	NUTS	
A perfect formula! Almond butter and lo	cal	
Apple Butter from Tastes Like Grandma's.		
Cubanos/Pimento +4.50 Kettle Brand Chi	ips +2.50	
SUB Chocolate Cravings Brownie +1	1	
SALADS		

Farmhouse Fall Salad	VEGAN
Roasted Butternut Squash Salad	VEGGIE NUTS
Pear w/ Roasted Walnuts & Bleu Cheese Salad	VEGGIE NUTS
Lemony Caesar Salad*	VEGGIE NUTS

ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS OR OVEN ROASTED CHICKEN +4.75 *Vegan option available.

FOR A CROWD

HEN'S NEST

An assortment of our seasonal breakfast sandwiches, cut in halves and arranged on environmentally friendly bamboo platters.

Small, serves 6-10	94.95
Medium, serves 15-20	189.95
Large, serves 25-30	259.95

PASTRIES & SWEET BREADS

Assorted Pastries & Sweet Breads	38.95
A yummy assortment, freshly baked. Serves 6–10 (Gluten-Free options available) VEGGIE	NUTS
Full Loaf Banana Nut orVEGGIESeasonal BreadServes 8–16	NUTS 24.45
Homemade Bread Pudding (NUTS) Our unique recipe made with locally made p Serves 9-18	49.95 pastries!

BAGELS

Bagel Bunch (13 bagels, 2 Tubs Any Cr Cheese)	ream 38.95
Dozen & A Half (18 bagels)	39.95
Baker's Dozen (13 bagels)	28.95
Half Dozen Bagels	14.95
Plain Cream Cheese — 8 oz. Tub	5.75
Homemade Flavored Cream Cheese Coyote / Honey Vanilla Walnut Harvest Veggie – 8 oz. Tub	6.75
Lox & Cream Cheese*	124

Lox & Cream Cheese*

Our own Farm-Fish version with Kosher Oakwood Smoked North Atlantic Salmon (no dyes or artificial preservatives), cream cheese, fresh dill and capers. Served open-face on baked that morning French style Campagne bread. We're happy to substitute with Cupertino's Bagels for \$12.95 Serves 8-10

ROOSTER'S ROOST

An assortment of our seasonal sandwiches, cut in halves and arranged on environmentally friendly bamboo platters with fresh baked cookies from The Flour Garden.

Small, serves 6-10	104.95
Medium, serves 15-20	239.95
Large, serves 25-30	379.95

SAVORY

Farmhand Bread Pudding

79.95

Baked in house our own special recipe! Made with breads from The Flour Garden and Prairie Grain Bakery, and a savory custard loaded with Veggie Sausage, lots of sharp cheddar and fresh green onions! Serves 9-18

GREEN PATCH

Half Size, serves 6-10 Full Size, serves 15-20	57.95 94.95	
Farmhouse Salad w/ Fresh Squash, Zucchini and Peppers	VEGAN	
Mixed greens with fresh squash, zucchini and green peppers, sprinkled with our Farmhouse		

Mi qre peppe vinaigrette.

Caesar Salad

(NUTS) VEGGIE

VEGGIE

Farmhouse style with raw walnuts and our eggless Caesar Dressing.

Please ask if you'd like to add our House Marinated & Baked Tofu or Oven Roasted Chicken.

HALF SIZE 26.95 FULL SIZE 38.95

Hummus & Seasonal Veggies

Our homemade Coyote Hummus, surrounded by loads of fresh squash, zucchini and green peppers and sliced French Baguette from The Flour Garden.

