SWEET TREATS

Freshly Baked Cookies

A Baker's Dozen of Oatmeal Raisin or Oatmeal Chocolate Chip *(Gluten-free options available)* Brownie Trav 55

Double Chocolate Brownies and/or Chewy Blondies Serves 12-24 (Gluten-free options available)

Sweet Twosome

Enjoy both with half of each, Cookie & Brownie. Serves 12–18 *(Gluten-free options available)*

Fruits of the Farm **VEGGIE** (NUTS)

Freshly cut apples, pears and Vitamin C laden oranges, sprinkled with dried cranberries and drizzled with our sweet balsamic syrup. Served with locally made sour cherry preserves and Country Rolls from The Flour Garden.

Serves 8-10

Cheeses & Fruits VEGGIE (NUTS) 104

Selection of local and imported cheeses, perfect with a glass of one of our organic wines! Served with fresh, seasonal fruit and assorted breads. Serves 8-10

Charcuterie Plate

Selection of hand cut meats, sourced from Olli Salumeria in Mechanicsville, VA, and seasonal cheeses, with fresh breads from The Flour Garden, and a delicious dollop of local Chutney from Virginia Chutney Co., in Washington, VA. Serves 8-10

We're able to deliver our organic, biodynamic, sustainable or local wines and local and craft beers to accompany your farm fare. Please ask!



SNACK TIME

38

42

72

129

Nuts & Seeds*	49
An assortment of nuts, dried fruits and see	ds.
Choice of roasted almonds, raw walnuts,	
pistachios, raisins, craisins, and pumpkin	seeds.
serves 8-10	
Snack Bars	54
A fun and delicious way to energize! Cho	ose
from Health Warrior, KIND, RXBar, Fig Ba	ar,
and Clif Organic.	
serves 8-10	
Chocolate Delight	64
Everyone loves chocolate! A combination	of
chocolate bars like Ritter Sport, Chocolove	2,
Divine and Justin's.	
serves 8-10	

* Availability may vary seasonally

THE TROUGH

We're proud to work with Legacy Coffee Roasters in Hopewell, VA to offer Organic and Fair Trade Coffees from around the world. We also provide a delicious variety of organic and Fair Trade hot teas. All are served in an earth-friendly Trough. Includes 12, 80z. green cups, wooden stirrers, local hormone and antibiotic free milk, raw sugar, and natural low calorie sweetener. **28.95**

YOUR CHOICE OF ...

Coffee For A Crowd

Sustainably Grown Coffee (Cold Brew +5) Organic and / or Fair Trade Hot Tea Fair Trade Iced Tea (Flavored +5) 100% Florida OJ with Lots of Pulp!

114

Serves 45, 8oz cups. *Rental fee extra. Available to serve up to 1500.

We offer a variety of delicious bottled beverages - from locally sourced spring water to all natural sodas, teas and juices.



TO-GO & CATERING

WINTER | January 9th, 2025 - March 5th, 2025



() WINTER HOURS

CARY STREET: Monday – Sunday: 7 AM to 7 PM EDGEWORTH BUILDING: Monday – Friday: 8AM to 3PM MIDLOTHIAN: Monday – Saturday: 8AM to 7PM | Sunday: 8AM to 6PM

Get a taste of some great local foods. No minimum order! Fresh baked breads and pastries from The Flour Garden, Prairie Grain Bakery and annaB's gluten-free, savory Farmhouse soups, and brownies from Chocolate Cravings. For more details about creating your special event, call 804.486.6925 or email cateringandevents@theurbanfarmhouse.net

Please give our Farmhands 48 hours notice for your order. (If you have a last minute request, always ask. We'll do our best to accommodate)!



THEURBANFARMHOUSE.NET

BOX BREAKFASTS

Sandwich served with half-siz Fruits of the Farm.	e 11.45
Cage-Free Egg & Cheddar w/ Fresh Rosemary	VEGGIE
Cage-Free Egg & Local Veggie Sausage	VEGGIE
Virginia Country Ham & Cage-Free Egg	
Virginia Bacon & Cage-Free Egg	
Lox & Cream Cheese With Fresh Dill	+4.95
Local Preserves, Unsalted Butter & As	sorted
Fresh Baked Breads	VEGGIE

Fruits of the Farm – Served with Fresh

Baked Breads

Freshly cut apples, pears and Vitamin C laden oranges, sprinkled with dried cranberries and drizzled with our sweet balsamic syrup. Served with locally made sour cherry preserves and Country Rolls from The Flour Garden.

(NUTS)



FARMHOUSE SOUPS

Ask about today's seasonal soup offerings. We have a variety of healthy, all natural soups. Nothing artificial, stocks made from scratch with fresh, hand-prepared veggies. No MSG or yeast extracts. No preservatives, additives, hydrogenated oils or modified food starches. Just yummy goodness!

8 0Z	8.25
12 OZ	9.25
32 OZ	23.25 - 27.25

Feel free to ask about our gluten-free options too!

BOX LUNCHES

Includes Whole Sandwich or Salad with Bread and served with choice of side Farmhouse Salad or side of Seasonal Fruits and freshly baked cookie. 18.45

Havarti & Mushrooms

A Grilled Cheese Sandwich perfect for Winter with creamy Havarti covered with our homemade mushroom spread (assorted winter mushrooms, fresh garlic, EV00 and a dash of our House Red), grilled to provide a warm, savory delight!

VEGGIE



Jetersville, VA, on 9-Grain.

Cubanos/Pimento +4.95 | Kettle Brand Chips +2.50 SUB Brownie or Blondie +2.00

SALADS

Farmhouse Salad	VEGAN
Winter Beet Salad w/ Oranges, Fennel & Mint	VEGGIE
Candied Walnut Gorgonzola Salad	VEGGIE (NUTS)
Lemony Caesar Salad	VEGGIE (NUTS)

ADD OUR HOUSE MARINATED & BAKED TOFU FROM TWIN OAKS OR OVEN ROASTED CHICKEN 4.95

FOR A CROWD

HEN'S NEST

An assortment of our seasonal breakfast sandwiches. cut in halves and arranged in our reusable "nest."

Small, serves 6-10	98.95
Medium, serves 15-20	194.95
Large, serves 25-30	264.95

PASTRIES & SWEET BREADS

Full Loaf Banana Nut or VEGGTE (NUT Seasonal Bread Serves 8-16 24. Homemade Bread Pudding 54.	sorted Pastries	veet Breads	44.95
Seasonal BreadServes 8-1624.HomemadeBreadPudding54.	, ,		NUTS
			NUTS 24.95
Our unique seasonal recipe made with locally made pastries! Serves 9	r unique seasona	e made with	54.95

DAUELS a	ay with unbleached unbrom nd no fats or preservatives, upertino's in the West End!	ated flour,
Choose)	oagels, 2 Tubs Any (48.95
Dozen & A Half (18	3 bagels)	49.95
Baker's Dozen (13	bagels)	38.95
Half Dozen Bagels		15.95
Plain Cream Chee	Se — 8 oz. Tub	6.75
Homemade Flavor Winter Veggie / Cr	r ed Cream Cheese raisin Walnut /	7.75
Artichoke Parmesa	an — 8 oz. Tub	
Lox & Cream Che	ese*	129

Lox & Cream Cheese*

Kosher Oakwood Smoked North Atlantic Salmon (no dyes or artificial preservatives), cream cheese, fresh dill and capers. Served open-face on fresh slices of rustic bread.

We're happy to substitute with Cupertino's Bagels for \$14.95 Serves 8-10

ROOSTER'S ROOST

An assortment of our seasonal sandwiches, cut in halves and arranged in our reusable "nest" with fresh baked cookies from The Flour Garden.

Small, serves 6-10	113.95
Medium, serves 15-20	259.95
Large, serves 25-30	399.95

We're happy to accommodate special requests, including dietary. Just ask!

SAVORY

89.95

(NUTS)

VEGAN

Baked in house our own special recipe! Made with breads from The Flour Garden and Prairie Grain Bakery, and a savour custard loaded with Vegqie Sausage, lots of sharp cheddar and fresh green onions! Serves 9-18

GREEN PATCH

Farmhand Bread Pudding

Half Size, serves 6-10	59.95
Full Size, serves 15-20	98.95
Farmhouse Salad	VEGAN

Mixed greens with winter root veggies like parsnips and radishes, along with grated carrots, a sprinkling of bright oranges and drizzled with our Farmhouse vinaigrette.

Caesar Salad

Farmhouse style with raw walnuts and our eggless Caesar Dressing.

Please ask if you'd like to add our House Marinated

& Baked Tofu or Oven Roasted Chicken.

HALF SIZE 28.95 FULL SIZE 39.95

Farmhouse Hummus & Winter Root Veggies

Our homemade Hummus, with the tang of fresh lemons and garlic, surrounded by loads of Winter Root Veggies like parsnips, carrots and radishes and sliced French Baguette from The Flour Garden.

*Consuming raw or under-cooked seafood may increase your risk of foodborne illness, especially if you have a medical condition.